

Hebron Highlights*

'Hebron' was the original name of the 1790 congregation that is now
'Jonesborough Presbyterian Church'

March 2018



Jonesborough Presbyterian
Church
128 West Main Street
P O Box 383
Jonesborough, TN 37659
423-753-6162

Pastor: Reverend Allen Huff

Clerk of Session: Bill Reese

Treasurer: Sarah Gibson

Office Staff: Monica Moore

Music Director: Cherry Smith

Youth Director:

Brooke Ransdell

Pianist: Jeri Paolini

Nursery: Debbie Walls

WebMaster: Bill Reese

Newsletter Editor:

Monica Moore

Parish Nurse: Carol Jernigan

March, 2018

Dear Friends,

Recently, Marianne and I were walking our dog, Todd. We were clipping along a neighborhood route we've used for almost five years. We passed a house we pass every time we walk that route. Every time. With Todd on the leash. And he often sniffs and offers a canine "hind salute" to a tree out front. We've never thought about it. We always clean up what shouldn't stay in someone else's yard, and we never think about it when a dog salutes anything in our yard – a tree, a bush, even our mailbox. Never.

Marianne had Todd, and I was holding "the bag." When Todd sniffed and saluted a tree in front of the house, a man strutted out of the garage and yelled at Marianne: "GET YOUR [DARN] DOG OFFA MY TREE!"

Because I was about twenty yards behind Marianne, I didn't see or hear it all clearly, but I heard Marianne apologize as she kept walking.

Spiteful emotions began to hit me in waves. I imagined all sorts of scenarios in which I got the best of this guy, humiliated him, beat him up, beat him down. I wanted to *get even* with him. I wanted revenge for his unfriendliness.

Where did all of that come from? Where did his angry curse come from? Especially at something so petty? More importantly, where did *my* visceral reaction come from? Who is that guy inside me who charged from his own garage with a desire to do physical harm to another person. Whoever he is, he obviously thinks that such actions are justified and will make a difference.

The real me knows better. The real me knows that that guy inside me, just like the guy who cursed at Marianne, never accomplishes anything constructive. In fact, his actions always leave him holding "the bag."

The experience reminds me how tender our culture is right now. Many of us are one straw short of broken backs. We're hyper-sensitive to the slightest words or actions. In a climate of anxiety and antagonism, it doesn't take much to make folks defensive, or offensive. That makes our work as disciples of Jesus all the more difficult right now – and all the more crucial.

In our current book study on the Beatitudes, Marjorie Thompson quotes P.C. Ainsworth who defines righteousness as "the human spirit recognizing and claiming kinship with God, and seeking all that is involved in that relationship."

Jesus reveals to us God's own deep hunger and thirst for righteousness among human beings. The life of Jesus reveals God's own desire for us to know and to be in relationship with the image of God within us, God's image being that part of *us* which is inseparable from *God*, that part of us out of which our true life and living arise.

Righteousness, justice, mercy, meekness, poverty of spirit, peacemaking – all these things are attributes of true disciples. They are utterly indispensable for us if we expect to follow Jesus in an age of vengeance, violence, and fear. To learn to put them into practice is to follow Jesus. It is to bear witness to God's redeeming love in and for the world.

Apart from relationships of compassion, gratitude, and generosity, all of us are left holding "the bag."

Peace,
Pastor Allen

March, 2018 Events Calendar

- Sat 3rd *Shalom Circle 10:00 am
- Sun 4th *Taize Worship Service 5:00 PM
- Mon 5th *Admin
- Tue 6th *Prayer Shawl Ministry 12:30 PM
- Wed 7th *CL & M 5:30 PM
*Book Study 7:30 PM
- Sun 11th *Daylight Savings Time 2:00 am
*Family Luncheon
*Taize Worship Service 5:00 PM
- Mon 12th *Jonesborough Yarn Party 6-8:00 PM
*Building Task Team 6:30 PM
- Sat 17th *CPR/AED training- March 17th at
10:30 in the Fellowship Hall
- Sun 18th *Taize Worship Service 5:00 PM
- Mon 19th *Stewardship & Finance 6:30 PM
- Tue 20th *Worship 6:00 PM
*Christian Ed 7:00 PM
- Sat 24th *Scrapbooking with Ann Norman 11-4 PM
- Sun 25th *Vital Signs
*Palm Sunday
Cantata "A Journey to Hope"
*Taize Worship Service 5:00 PM
- Tue 27th *Session 6:30 PM
*Snack & Yack March 27th 1:00PM
Smokey Bones Bar & Fire Grill
- Thur 29th *Maundy Thurs. Service 6:30 PM
- Fri 30th *Good Friday

**Youth Group Meets every
Wednesday & Sunday 6-8:00 PM**
Brooke's office hours: Wednesday @ 4:30PM

March Lectionary Readings

Third Sunday in Lent March 4th
Exodus 20:1-17; Psalm 19; 1 Corinthians
1:18-25; John 2:13-22

Fourth Sunday in Lent March 11th
Numbers 21:4-9; Psalm 107:1-3, 17-22;
Ephesians 2:1-10; John 3:14-21

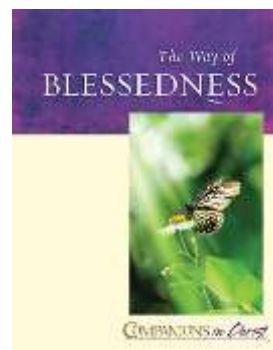
Fifth Sunday in Lent March 18th
Jeremiah 31:31-34; Psalm 51:1-12; or Psalm
119:9-16; Hebrews 5:5-10; John 12:20-33

Passion/Palm Sunday—March 25th
Liturgy of the Palms:
Mark 11:1-11; or John 12:12-16;
Psalm 118:1-2, 19-29

Liturgy of the Passion:
Isaiah 50:4-9a; Psalm 31:9-16;
Philippians 2:5-11; Mark 14:1-15:47;
or Mark 15:1-39 (40-47)

Winter Book Study:

Continues through March 14, the Wednesday night book study on the Beatitudes. The book we have been using is part of the *Companions in Christ* series published by Upper Room Books. *Companions* is a spiritual formation series, and the studies include readings, reflections, and group conversations.



If you do not see your Birthday listed in the Bulletin or Newsletter, please call Monica in the church office (423)753-6162 or email the church office office@jpcusa.com



March Birthdays

Allen Huff	1
Myke Matney	1
Bob Shurr	2
Emma Wolfe	4
Patty Saylor	4
Steve Lindner	5
Jill Sauceman	6
Ruth Verhegge	9
Karen Earing-Winter	10
Don Anderson	11
Marjorie Doane	13
Jacob Anderson	13
Robert Helm	14
Deborah Burger	17
Terry Hager	17
Mary Noel	22
Jonathan Adams	28

March Assignments

March Greeters: Marat Moore & Steve Lindner

March Offering Counters:

03/04	Mike Floyd & Ashley Wilson
03/11	Mike Floyd & Ashley Wilson
03/18	Mike Floyd & Ashley Wilson
03/25	Mike Floyd & Ashley Wilson



March Comm. Prep Team: Irene Mitchell & Susan Widener

March Communion Servers: (Team 3) Larry Garst, Teresa Hansen, Leigh Anne Hieronymus, Gordon Edwards, Bill Reese

March On-Call Elder: Mike Floyd



Connect with us

Online: Web Page: www.jpcusa.org

Office emails: office@jpcusa.org

Phone: 423-753-6162

Pastor Allen's sermons can be found on his blog:

<http://www.pastorallentn.blogspot.com>



March 11th Daylight Savings time begins

Please Pray For the Following People

(For those in our congregation who are aware of illness or life events among our long-time or infrequent congregants, please notify the church office 753-6162 and Allen

Church Members:

Evelyn Adams, Summer Buchanan, Sara Nan Byrd, Ruth Chase, Rebecca Comer, Jeanne Cope, Betty Correll, Carolyn & Conrad Crow and family, Kathie Dameron, Pauline Douglas, Joseph Dykes, Sara Jane Florence, Charlotte McDonald, Monica Moore, Jill Sauceman, Bob & Kathy Scheu, Richard Schwerdtfeger, Carolyn Shepherd & family, Cherry Smith, Cheryl Smith, Tony Smith, Ruth Verhegge

On-going prayers for our Homebound Members and Friends:

Alisa & Barbara Goolsby, Elizabeth Hoss, Brenda Young (mother of Leslie Sharpe)

Church Prayer List of Friends and Relatives:

Rob Allred (Nephew of Anna Walls), Joyce Amburgey, Bill Banks (Phyllis Wilson's son-in-law), Janice Begoon (Pat Bollman's Sister) Lindsey Black (niece of Heather Anderson), Jeremy & Heather Bollman MaryAnn Eppich, (Heather's mother, son & daughter-in-law of Pat & Jim Bollman), Pat Bond, Diane Bortnick (Alexis Burkett's sister), Carolyn Bowers (Ida Shurr's cousin), Robert Bowers, Jim Brandt, Brooke Brantner (granddaughter of Richard and Rhonda Schwerdtfeger), Tiffany & Tyler Boggs (friends of Tom & Debra White & Donna Hansen), Kay Brown, Lucille Broyles, Buchanan Curtis family (Allen Evans & Kim Buchanan), Ed Buchannan (father), Glen Burkett (Gary Burkett's brother), Nicholas Chambers, Ray Clayton, Wade Cole, Kris Comer, Cliff Dameron (Kathie Dameron's father), Tony Davis (nephew of Eva Garst), Tony Denton, the family of Pam Dunn, Mike Eads (friend of Jill Sauceman), Lois Earing (Karen Earing Winter's mother), Marilyn East (sister of Pam Dunn), Todd Eastet, J.R. Ellis, Kris and MaryAnn. Becky Floyd (friend of Chuck Collins), Lynn & Anne Franklin (friends of Becky Wolfe), Faith Fullbright (granddaughter of Jim & Charlotte Pahr), Regina Fullbright (daughter of Jim and Charlotte Pahr), Curt Gentry, Jan Gould, Mary & Jerry Graves, James Gregg, Emma Harrod (daughter of Mark & Jodi Harrod), Robin Hill, Alison Holt, Joe Huffman, Leonard Huffstetler (Hal Knight's uncle), Patty Ivens, (friend of Becky Wolfe), Stevan Jackson, Barbara Kirchner (sister), Bob Kirchner (son), Bill Lockhart, Mia Kirchner (Bill & Betty's granddaughter), Martha Kyker, Randy Logan (Rebecca Comer's brother-in-law) Leighton Lowe (Bill & Betty Kirchner's Cousin), Sylvia Lucius & husband Woody and her mother who are both chronically ill, Charlie Moore (Monica's brother), Barbara Leonard Morrison, Darcy Murphy (great niece of Eva Garst), Beth Neas (aunt of Jennifer Wolfe), John Neas (Jennifer Wolfe's father), Jeri Paolini, Kaley Peterson (Kathie Dameron's niece), Melanie Phipps (friend of Bob & Charlotte McDonald), Jeanet McCoy Miller, Kathy McCoy, Doris Robinson (Monica's sister), Tammy Vicars (friends & neighbors of the Comers), (family of Jeanette Miller, Carol & Jacob Plummer, Lawson Salinas, Curtis Schmidtberger, Audry Hill Senci (Joanne Comer's cousin), Heather Sheets (Ann Florence's daughter), Judy Shelton, Dorothy Jackson Shell, Walter Sherfey (friend of Sam & Irene Mitchell), Emily Sloan, Carmel Smith, (Monica's sister), Ruth Ann Snapp (mother of Tony Snapp), Jean Soergel, John and Ylonda Spears (cousin of Charlotte Pahr), the family of Bob Spence, Nancy Sullivan, Carrie Stewart & family, Kathy Thomas (Hal Knight's sister), Terry Tollefson, Emma Treadway, Ted Uta (friends of Bob & Charlotte McDonald), Nadine Valentine, Janet Walker, Billy Whittington, Bill Sivert (cousin of Charlotte McDonald), Mary Sanders, Nancy Wagner, Brownie Walton, Wanda Ward, Jackson Whited (Myke Matney's cousin), Allen Whitis (Linda Brothers' nephew), John Wilcox (brother-in-law of Charlotte McDonald) Drane Wilkinson's family, George Wilson (Ashley Wilson's grandfather & Erin Wilson's great grandfather).

If you have a prayer request, please call the church office, 423(753-6162) or send us an email office@jpcusa.org. You may also fill out a prayer request card, they are located in the pews, you may drop your prayer request in the offering plate.

Jonesborough Yarn Party

Monday, March 12, 6:00-8:00 pm in the Fellowship Hall, we meet the second Monday of each month. It is a social group that gets together once a month to knit, crochet, or spin. It's a fun way to meet others in the community that shares this interest. If anyone has questions, please ask Emily Webb or Deb Burger. Everyone is welcome!

Quilting Opportunity

Are you interested in helping to plan and sew a quilted wall hanging for the church? The folks attending the recent retreat made some beautiful designs on fabric and now they need to be brought together into a quilt. If you are interested in helping please contact Pat Bollman 315-589-8815 or pat@bollman.com.



JAMA' Food Pantry is in great need of: Soups, Peanut Butter, Flour, Sugar, Cornmeal, Jams, Jellies, Pork and Beans, Instant Potatoes, Cereals, Spaghetti & Sauces, Sugar, Dried Beans, Canned Fruit, Meats, Vegetables & Large Paper Bags.

PLEASE HELP! Anyone wishing to help at the JAMA Food Pantry on a 4th or a 5th Thursday of the month:

Please see Jim Cash for details.

The Food Pantry welcomes your help in serving those in need

Family Luncheon March 11th

Pat & Becky Wolfe*

Pauline Douglas, Donna Hansen, Jim & Charlotte Pahrns

Brooke Ransdell & Mikki Lappas, Tom & Debra White

Don & Sharon Anderson, Zack Weller, Bob & Ida Shurr



The Prayer Shawl Ministry Needs:

-Fleece fabric: 1 yard pcs.

-Packages of quilt batting

-Yarn of all colors

We thank everyone for their donations



We meet the 1st Tuesday of the month at 12:30 in the fellowship hall.

We welcome new members!

Bring your lunch to the meetings. The Shawl Ministry includes persons of all faiths. Items are made with prayers, blessings, or wishes in mind for the recipients. "Part of the journey of prayer and faith is to recognize that we may never know how our love and care will touch or change another person's life. Instead, we are invited to offer others our compassion and let "whatever needs to happen, happen."

**We donate to anyone in our congregation, who may be in need,
Niswonger Children's Hospital, Hospice Care, VA Hospital, Johnson City Medical Center
Breast cancer patients, Cancer Patients, Newborns, HIV and aids patients, bereaved, New mothers, Brides, Friendship, Healing, Comfort, Kingsport Domestic Violent Shelter
CHIPS Family Violence Shelter, Thinking of you, Congratulations.**

March Snack & Yack March 27th 1:00PM

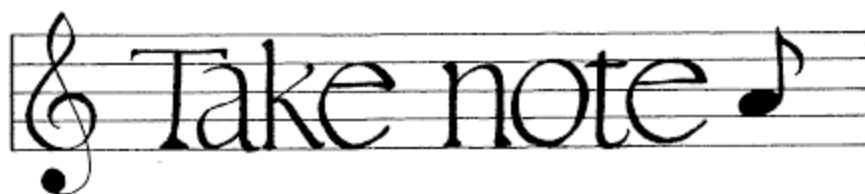
Smokey Bones Bar & Fire Grill

1905 N Roan St, Johnson City, TN 37601

Phone: (423) 979-1706



Cherry's Musical Notes,



*Sometime in March a ladies morning beginning Handbell choir will begin. Watch announcements for this new choir! Now is a good time to join a choir at JPC!
New Year..., New choir member!*



- * *Choir Practice: Wednesday's 6:15 PM - Note New Time*
- * *Golden Heirs: Thursday's 6:30 PM*
- * *Handbell Choir: 9:45 am in the Sanctuary, Sunday mornings.*



*March 25th Cantata
"A Journey to Hope"*

Conversation and Tips on Adjustment to Low Vision and Vision Impairment for Seniors and Caregivers

For Members of Jonesborough Sr. Center:

Beginning March 1st, join Stuart and Pat MacLean for a 4-week series on adjusting to low vision and vision impairment. Each week they will cover topics such as developing basic daily living skills, safety issues, mobility, resources available (both local and federal), financial topics, and information about specialized training. Each session will also include valuable for caregivers as well as time for group discussion. Classes will be held at 10:00am on Thursdays, March 1, 8, 15, and 22. No cost for class participation.

Saint Patrick's Day History

St. Patrick's Day History: Myths About The Greenest Of Holidays History.com/The Huffington Post

History.com - Planning to wear green, watch a parade and enjoy some corned beef in celebration of St. Patrick's Day this weekend? First, get your facts straight by exploring the truth behind common misconceptions about the holiday—and the man thought to have inspired it.

St. Patrick was Irish.

Though one of Ireland's patron saints, Patrick was born in what is now England, Scotland or Wales—interpretations vary widely—to a Christian deacon and his wife, probably around the year 390. According to the traditional narrative, at 16 he was enslaved by Irish raiders who attacked his home; they transported him to Ireland and held him captive there for six years. Patrick later fled to England, where he received religious instruction before returning to Ireland to serve as a missionary.

Green has historically been associated with St. Patrick's Day.

The Irish countryside may be many shades of green, but knights in the Order of St. Patrick wore a color known as St. Patrick's blue. Why did green become so emblematic of St. Patrick that people began drinking green beer, wearing green and, of course, dyeing the Chicago River green to mark the holiday he inspired? The association probably dates back to the 18th century, when supporters of Irish independence used the color to represent their cause.

Corned beef is a classic St. Patrick's Day dish.

On St. Patrick's Day, countless merrymakers in the United States, Canada and elsewhere savor copious plates of corned beef and cabbage. In Ireland, however, a type of bacon similar to ham is the customary protein on the holiday table. In the late 19th century, Irish immigrants in New York City's Lower East Side supposedly substituted corned beef, which they bought from their Jewish neighbors, in order to save money. That's not to say salt-cured beef isn't a traditional Irish dish; pork, however, has historically been more widely available on the Emerald Isle.

Saint Patrick's Day is celebrated each year on March 17th. This day marks the accepted date in 493 CE of St. Patrick's death.

As St. Patrick is the figure most prominently associated with bringing Christianity to Ireland, St. Patrick's Day is celebrated by the Roman Catholic Church in Ireland as a solemnity and holy day of obligation. The holiday is also officially celebrated by the Church of Ireland, the Irish branch of the Anglican Communion. The day is marked with special liturgical programs and a breaking of Lenten fasts.

Few historical details are known about St. Patrick's mission to Ireland, although innumerable popular legends are associated with his work and play a major role in Irish culture. The shamrock's association with St. Patrick's Day comes from the popular myth that says St. Patrick used the three leaves of the plant to explain Catholicism's holy trinity to the Irish.



March Health & Wellness

According to the Theory of Self Determination, we as individuals require a sense of autonomy, competence and community to be content. At different points in our lives these intrinsic values are often compromised by “the heart-ache and the thousand natural shocks that flesh is heir to..” such as birth, illness, old age or the loss of a loved one. But as members of the Body of Christ, we must rely upon **one another**. *Koinonia* is the Greek word and concept for our intentional community and it instructs us to love, honor, harmonize with, accept, encourage and serve **one another**. Here are a few tips on how you might reach out to someone who could use a little encouragement and remember you don’t have to do it all!

Flowers- Take some of your Sunday Service arrangement to someone who could not make it to church. Include a bulletin. This gives a tangible connection to the service.

Communion- As an elder of the church, volunteer to provide communion to those members who are homebound.

Secret Pals- Become some one’s Secret Pal. Church members can send gifts, letters or just visit with the homebound each month.

Remember the Holidays- Holidays can be lonely times when someone is overwhelmed with emotion, loneliness or stress. Reach out to someone during your favorite holiday.

Meals- Many folks are not in a position to prepare home cooked meals. Share your love of cooking with someone who would appreciate a good meal.

Help with the Chores- Changing light bulbs, running to the store for paper products, light cleaning can be big challenges when lives are turned upside down. Small gestures are greatly appreciated.

Cards- Become a pen pal. Send cards at unexpected times. Be artistic or find someone to help create a “one-of-a-kind” card.

Gentle Yoga will continue through the month of March on Tuesdays at 10 a.m. in the fellowship hall.

Soups On! Ministry provides soup and fellowship for folks who are not in a position to cook. If you like making soup or baking, please consider volunteering for this ministry.

CPR/AED training- March 17th at 10:30 in the Fellowship Hall. Light refreshment will be provided. Please sign up by calling the church office or by signing the sheet in the Narthex.

Hillrise Community Garden- the JAMA Food Pantry Garden will be back in full swing very soon. Lettuce, beets, sweet peas, creasy greens and carrots will be our first offerings this year. Please consider volunteering to help provide fresh produce to the Jonesborough Food Pantry. Watering, weeding, picking and processing are all aspects of this outreach. Many hands make this growing ministry light work.

Mental Health First Aid Certification- This is an 8-hour course that I will be taking on **March 13th at Boones Creek Christian Church, 8 am-4 pm**. As members of a growing congregation, the ability to respond mindfully to unexpected mental health events is a necessary tool for building a safe and welcoming church community. If you would like to participate in this training please call the church office or contact the Faith Community Nurse at 788-3082.

Mental Health First Aiders learn a single 5-step strategy that includes assessing risk, respectfully listening to and supporting the individual in crisis, and identifying appropriate professional help and other supports. Participants are also introduced to risk factors and warning signs for mental health or substance use problems, engage in experiential activities that build understanding of the impact of illness on individuals and families, and learn about evidence-supported treatment and self-help strategies.

Visit with the Faith Community Nurse, Carol Jernigan, on Sunday March 25 before and after Sunday school in the Fellowship Hall. You can also call me at home at 788-3082 for home visits, transportation needs or questions you may have.

Contact Carol Jernigan at 901-485-4280 or at home 788-3082

Carol Jernigan

The Session of Jonesborough Presbyterian Church
Session Ministry Teams

Class of 2018

Mike Floyd
Leigh Anne Hieronymus
Teresa Hansen
Jonathan Webb

Class of 2019

Gordon Edwards
Glenn Walker
Deborah (Deb) Burger
Mary Noel

Class of 2020

Kathie Dameron
Pamela Dunn
Ashley Wilson
Jeff Jernigan

Clerk of Session: Mary Noel

Worship: Chair: Leigh Anne Hieronymus Vice Chair: Ruth Verhegge, Kathie Dameron, Summer Buchanan, Jeri Paolini, Marcy Hawley, Cherry Smith, Emily Webb, Irene Mitchell, Marat Moore, Charlotte Pahriss, Jill Sauceman, Susan Widener, Eva Garst

Christian Education: Chair: Deb Burger, Vice Chair: Pam Dunn
Cherry Smith, Cheryl Smith, Marianne Huff, Brooke Ransdell, Kailey Amburgey, Josh Heltzel, Zach Weller, Kathy Mays

Congregational Life & Membership Development: Co-Chairs: Jonathan Webb & Teresa Hansen, Charlotte Pahriss, Rebecca Comer, Kathie Dameron, Sharon Anderson, Joanne Comer

Mission: Chair: Jim Rhein, Vice-Chairs Ashley Wilson & Jeff Jernigan
Terry Welch, Marilyn & Summer Buchanan, Carol Jernigan, Carol Salinas, Jonathan Webb, Karen Welch, Mark McCalman, Marianne Huff, Glen Walker

Property & Safety: Chair: Gordon Edwards
Jim Cash, Graham Norman, Larry Garst, Jim Pahriss, Kelly Wolfe, Bob Scheu, Tim Winter, Neil Comer, Rick Gibson, Andy Hixson

Stewardship & Finance: Chair: Glenn Walker, Vice Chair; Ashley Wilson, Recording Secretary: Bob McDonald. Treasurer: Sarah Gibson, Assistant Treasurer, Alexis Burkett, Ray Marney, Eva Garst, Jim Rhein, Tim Winter, Scott Starkey

Administration: Chair: Mike Floyd, Hal Knight, Ruth Verhegge, Pat Wolfe, Mary Bray



Hebron Highlights *March, 2018*

Jonesborough Presbyterian Church
P.O. Box 383
Jonesborough, TN37659

