

A Message from our Faith Community Nurse

It has been a while and there are many new faces at JPC that I have yet to meet. I have been the FCN for seven years or more. The first year at jPC, both my parents passed away unexpectedly. Last year, our son, Christopher, passed away unexpectedly. In between, I can say that I have met, worked with, and served many fine folks at jPC. I have learned a lot about life. I don't know what the next seven years will bring but I wanted to give thanks to everyone who has made my position and the work of the Health and Wellness Ministry thrive. It has been a privilege.

I have quite a collection of literature on loss and grief, as you might imagine. One book, *The Wild Edge of Sorrow* by Frances Weller, has stood out for me for a couple of reasons. The first is that it was given to me by a young woman who continues to battle breast cancer for the past 6 years. The second reason is the book is a treasure map for navigating the gifts that grief has to offer. This book's subtitle – *Rituals of Renewal and the Sacred Word of Grief*, might not be attractive to some, but I would recommend this book for an exploration into death and dying. Here is a short and sweet verse writtend by an 12th-century poet tha tis included int the book—

'Tis a fearful. Thing
To love
What death can touch.
To love, to hope, to dream,
A thing for fools, this,
Love,
But a holy thing,
To love what death can touch.

Blessings,
Carol

Please stay up-to-date on all your vaccinations. I am available if you would like assistance in transportation to medical related appointments.

Also, we have quite a collection of Durable Medical Equipment and disposable items thanks to the Florence family and others in the congregation. You can call me at 423-788-3082, or contact Kelli in the church office. Here is a recent list:

2 Wheelchairs with foot rests	3 Packages of medium disposable green pads
2 Standard walkers	2 Boxes of 25 ct. glycerin swabs for oral hygiene
1 Walker meal tray attachment	12 Packages of Den-Tip oral sponges
2 Quad canes	1 Box denture cleaner tablets
2 <i>Rollator</i> walkers with seats (one wide)	1 Bedpan
1 <i>Rollator</i> detachable basket with cup holder	1 Bedside wash basin
1 Set over-the-rim tub rail	
1 3-section over-the-rim shower seat	
1 Sitz bath	
1 Shower stand (walker without wheels)	
1 Lockable drug box	
1 Adjustable blanket support	
6 Packages of 18 ct. disposable briefs – large	
3 Packages of 12 ct. disposable briefs – medium	
1 Pack 3 large disposable blue pads	